

Resource list for services to help with transition to adulthood

Category	Resource/Web site	Description
Health	<p>Healthy & Ready to Work National Center: http://www.hrtw.org</p> <p>Health Care Transitions–Institute for Child Health Policy: http://hctransitions.ichp.ufl.edu</p> <p>Adolescent Health Transition Project–University of Washington: http://depts.washington.edu/healthtr/index.html</p>	<p>Maternal and Child Health Bureau (MCHB)-sponsored Web site devoted to transition for youth with chronic health conditions. Focuses on understanding systems, access to quality healthcare, and increasing the involvement of youth. Has many tools and resources related to transition for youth, families, and providers.</p> <p>Health Care Transition Initiative at the University of Florida with mission to increase awareness of, gain knowledge about, and promote cooperative efforts to improve the process of transitioning from child-centered (pediatric) to adult-oriented healthcare.</p> <p>Resource for adolescents with special healthcare needs, chronic illnesses, and physical or developmental disabilities. Has transition timeline, portable medical summaries, autonomy checklists, information about care notebooks, etc.</p>
Medical home	<p>American Academy of Pediatrics (AAP) National Center of Medical Home Initiatives for Children with Special Needs: http://www.medicalhomeinfo.org</p> <p>AAP transition page: http://www.medicalhomeinfo.org/health/trans.html</p>	<p>AAP Medical Home Web site has a section devoted to transition with tools and resources for both providers and families. Has downloadable PowerPoint presentation on Medical Home and Transition.</p>
Education	<p>National Center on Secondary Education and Transition (NCSET): http://www.ncset.org</p>	<p>NCSET coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities to create opportunities for youth to achieve successful futures.</p>
Work and disability	<p>National Collaborative on Workforce and Disability (NCWD) for Youth: http://www.ncwd-youth.info</p>	<p>NCWD for Youth is a source for information about employment and youth with disabilities. The Guideposts for Success can help steer families, institutions, and youth themselves through the transition process.</p>

Social Security	<p>Social Security Online–Web site of the Social Security Administration (SSA): http://www.ssa.gov</p> <p>The Work Site: http://www.ssa.gov/work/index.html</p> <p>Ticket to Work: http://www.yourtickettowork.com</p>	<p>Information on Social Security benefits, as well as Supplemental Security Income (SSI), for individuals with disabilities. Has information on application process, financial and disability eligibility criteria, and benefits. SSI can be important source of income for young adults with disabilities, as well as a link to Medicaid and access to healthcare.</p> <p>Section of SSA Web site devoted to programs for people with disabilities. Has information about work incentives, eg, allowing people to accumulate assets to support employment, or allowing individuals to keep benefits as they begin working.</p> <p>Program for people with disabilities who are interested in going to work. It is designed to remove many of the barriers to working, including concerns about losing healthcare coverage. The goal of the Ticket Program is to increase opportunities and choices for Social Security disability beneficiaries to obtain employment, vocational rehabilitation, and other support services from public and private providers, employers, and other organizations.</p>
Vocational rehabilitation	<p>Rehabilitation Services Administration (RSA)–Office of Special Education and Rehabilitation Services–US Department of Education: http://www.ed.gov/about/offices/list/osers/rsa/index.html</p>	<p>RSA oversees grant programs that help individuals with physical or mental disabilities to obtain employment and live more independently through the provision of such supports as counseling, medical and psychological services, job training, and other individualized services. RSA funds state vocational rehabilitation agencies to provide employment-related services for individuals with disabilities. Has link to state vocational rehabilitation agencies.</p>
MR/DD services	<p>Administration on Developmental Disabilities (ADD): http://www.acf.hhs.gov/programs/add/</p>	<p>The Developmental Disabilities Act requires ADD to ensure that people with developmental disabilities and their families receive the services and supports they need and participate in the planning and designing of those services. It has 8 areas of emphasis: Employment, Education, Child Care, Health, Housing, Transportation, Recreation, and Quality Assurance. ADD oversees 4 programs: State Councils on Developmental Disabilities, Protection and Advocacy Agencies, University Centers for Excellence in Developmental Disabilities, and Projects of National Significance.</p>

Independent living/CILs	National Council on Independent Living (NCIL): http://www.ncil.org	NCIL is a membership organization that advances independent living and the rights of people with disabilities through consumer-driven advocacy. Has links to Centers for Independent Living (CILs) and state independent living councils. Each state has at least 1 CIL with a goal to maximize the leadership, empowerment, independence, and productivity of individuals with disabilities and to integrate these individuals into the mainstream of society.
Transportation	United We Ride: http://www.unitedweride.gov Public Transportation: http://www.publictransportation.org/systems/	Web site of the Federal Interagency Coordinating Council on Access and Mobility, which has information about transportation options for people with disabilities. Links to state public transportation. Access to transportation is very important for adults with disabilities and chronic health conditions.
Housing	US Department of Housing and Urban Development (HUD)–Disabilities: http://www.hud.gov/groups/disabilities.cfm	Information on the HUD Web site for people with disabilities. Includes information on finding a housing counselor, as well as links to state programs.
Protection and advocacy	National Disability Rights Network: http://www.napas.org	Organization for state Protection & Advocacy (P&A) agencies and Client Assistance Programs (CAP). P&A agencies provide legal representation and other advocacy services, under all federal and state laws, to all people with disabilities (based on a system of priorities for services). All P&As maintain a presence in facilities that care for people with disabilities, where they monitor, investigate, and attempt to remedy adverse conditions. These agencies also devote considerable resources to ensuring full access to inclusive educational programs, financial entitlements, healthcare, accessible housing, and productive employment opportunities. CAP agencies (many of which are housed within P&A offices) provide information and assistance to individuals seeking or receiving vocational rehabilitation services under the Rehabilitation Act, including assistance in pursuing administrative, legal, and other appropriate remedies.
Disability information and resources	National Dissemination Center for Children with Disabilities: http://www.nichcy.org http://www.DisabilityINFO.gov	Has fact sheets on various topics related to disabilities, including information on transition. Has state-specific information with contact information for state government agencies and state disability organizations. Federal government Web site that provides online connection to the federal government’s disability-related information and resources.